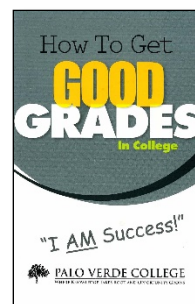


“How to Get Good Grades in College” Worksheet

Read each prompt below. Answer the question on this form. Return the form to dsilva@paloverde.edu to receive credit for “attending” the monthly Fresh Start Workshops.

You will need the “How to Get Good Grades in College” booklet available via .pdf found on the Fresh Start Workshop webpage. If you do not have a copy, please contact David Silva and arrangements will be made for you to receive a copy of the booklet.



The Ten Steps to Getting Good Grades in College

This section will cover steps 5-9 (pgs. 10-25). Please use the booklet to respond to the questions below. If you need more space, use the second page of this form.

1) **STEP FIVE:** Take Good Notes:

Explain why it is important to take notes? Also, list three tips that make notes easy to read.

2) **STEP SIX:** Read for Comprehension:

Name and explain the three actions you can take to help you understand reading textbook.

3) **STEP SEVEN:** Study Smart:

Name and explain four ways you can study smart.

4) **STEP EIGHT:** Be A Good Test Taker:

a) Explain how you can increase your odds when answering a multiple-choice question.

b) Explain how you can improve your math test scores.

5) **STEP NINE:** Reduce Test Anxiety:

Name and explain three tips that you can use to lower your anxiety before a test.
